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May 2017

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PARK LIFE

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We love mums

Gorgeous gifts for
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NEW
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adventures

SPRING WORKSHOP SET TO CLOSE



Spring Workshop, one of the pioneers of Wong Chuk Hang's development into an arts hub, will be closing its doors at the end of this year.

Founded in 2012 by Mimi Brown, the nonprofit artspace regularly welcomes a mix of artists, filmmakers, curators, musicians, writers - and on occasion, farmers - and offers a place where they can meet, create and collaborate.

"I created Spring Workshop as a love letter to kindred spirits and audiences - like me - who want to engage with the cultural ideas they present," says Brown. "I hope the Spring experiment has provided a place to learn, create, reflect, and to find both support and challenge."

During the past five years, Spring Workshop has provided artist and curatorial residencies and hosted a range of exhibitions, music, films and talks open to the public. In 2016, the artspace received the Prudential Eye Award for Best Asian Contemporary Art Organisation, but it was never

meant to last. "Like the season, Spring was not made to last forever," explains Brown. "We should remember the dramatic exponential idea behind Moore's Law. There is an acceleration in the world's changes, and with that, our cultural models need time and freedom to change."

As for Spring's final year, there seems to be a musical theme. "We have a big surprise project in the late Fall, and the composer Michael Friedman and the Hong Kong New Music Ensemble coming to stay with us," says Brown.

In 2018, Brown will be looking for ways that Spring Workshop can keep experimenting. "Our space and terrace at Spring will still be here.... and in continuation of our support for local organizations, we hope to have an arts non-profit as a guest for a few years," says Brown. "So you can still come visit for a culture fix!"

3/F, Remex Centre, 42 Wong Chuk Hang Rd, Aberdeen, www.springworkshop.org

NEW APP LAUNCHES TO HELP PARENTS BOOK ACTIVITIES FOR KIDS

KidHop, an online activity-booking app for parents, launched last month.

Similar in concept to the monthly fitness passes that many adults in Hong Kong now use (think Guavapass, ClassCruiser, KFit), KidHop provides access to multiple activities for young children for a monthly fee.

Like many parents, co-founder Zoe Fung wanted to expose her 3-year-old son to different experiences so that he could have fun and discover his passions. The problem was that most activities required long-term commitments with fixed schedules.

Enter KidHop, which partners with over 50 premium activity providers throughout Hong Kong Island to provide parents with no-commitment single-class activities each week. With a KidHop membership, parents can choose classes for their kids - from dance to art, sports and languages - and get access to admissions seminars, carnivals and other community events.

Choose from three plans, starting at \$568 per month. For more information, visit www.kidhop.com

NEW SPORTS MASSAGE AT ONE ISLAND SOUTH

Southside's The Round Clinic welcomes two new French practitioners to its team this month: Magali Salgado is a physiotherapist specializing in sports massage and post-traumatic rehabilitation, while neuro-energetic kinesiologist Aurélie Martin specializes in kinesiology (a combination of energetic healing techniques). To find out more, call 2648 2612. The Round Clinic, 12/F, One Island South, 2 Heung Yip Road, Wong Chuk Hang, www.theroundclinic.com

NEW HOSPITAL OPENS IN WONG CHUK HANG

Gleneagles Hong Kong Hospital (GHK) has opened in Wong Chuk Hang. The 500-bed multi-specialty private tertiary hospital is a joint venture between Parkway Pantai and NWS Holdings Limited, with Li Ka Shing Faculty of Medicine of The University of Hong Kong (HKU) as its exclusive clinical partner.

The range of clinical services spans over 35 specialties and subspecialties. In addition to inpatient services, specialist outpatient services include General Surgery, Orthopaedic Surgery, Paediatrics and Chinese Medicine. Other service centres include a Cardiovascular Laboratory, Chemotherapy Centre and Dialysis Centre. GHK also provides Accident and Emergency services.

GHK is the first private hospital in Hong Kong to provide at least 51 per cent of inpatient bed days at packaged rates.

The hospital took just three years to construct. 70 per cent of the bed days are to be set aside for Hong Kong residents. "We also take pride in being a private teaching hospital to train doctors, nurses and allied healthcare professionals," said Mr Tsang Yam Pui, Chief Executive Officer of NWS Holdings Limited. **1 Nam Fung Path, Wong Chuk Hang, www.gleneagles.hk**

